Your Opportunity to Return to Activity Faster!

Natural Help for Osteoarthritis and Joint Degeneration

ACP Therapy
Osteoarthritis is the most common joint disease worldwide in which the cartilage at the joints becomes worn. The cartilage, together with the joint fluid, enables proper movement of the joint. If the cartilage or joint fluid is affected, this can lead to cartilage and joint damage which is very painful and impairs movement.
Osteoarthritis can be caused by a variety of factors:
- Joint inflammation
- Obesity
- Age
- Joint malalignment
- Severe joint stress (at work or during sports)
- Unhealthy lifestyle (alcohol, nicotine, lack of exercise)
- Hereditary causes
- After joint surgery

Often affected:
- Shoulder and elbow joint
- Thumb saddle and finger joints
- Vertebral joints
- Hip and knee joint
- Ankle and toe joints

How Can Osteoarthritis Be Identified?
- Limited physical activity
- Unpleasant tugging in the joint
- Morning stiffness
- Discomfort when you start walking which subsides after a short walk
- Pain without weight-bearing which can turn into persistent pain
Complex and well-regulated natural processes take place in the body during healing of injured or inflamed tissue. Platelets play an important role in this process. At the site of the injury, they release special proteins, known as growth factors. These initiate the reconstruction of the injured tissue and prevent painful inflammatory processes. ACP therapy, which can support the body’s own healing in this way, is based on this principle.1, 2

The Objectives of ACP Therapy:

- Reconstruction of the injured tissue
- Prevention of painful inflammatory processes
- Improvement in mobility
- Delay in progression of the disease and the need for an artificial joint
- Reduction of analgesics with possible side effects

Studies confirm the effectiveness of ACP therapy for painful mild to moderate osteoarthritis (grade I - III).3-5
The Treatment Process

1. Blood is drawn from a vein in the arm
2. Separation process obtains the body’s active substances (proteins) in concentrated form
3. These substances are injected into the affected region

Benefits of the Treatment

- Outpatient procedure
- Fast process (< 30 min.)
- Endogenous, biological agents with good tolerability
- Personalized treatment interval
- Customized to your needs


For information on the studies please contact your physician.
Do You Have Any Questions?
Your Physician Will Be Happy to Provide Further Information.

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For more than 35 years, Arthrex has played a key role in the development of new treatments for joint diseases. With more than 4 000 employees worldwide in research, development and sales, Arthrex is one of the leading companies in reconstructive orthopedic surgery.